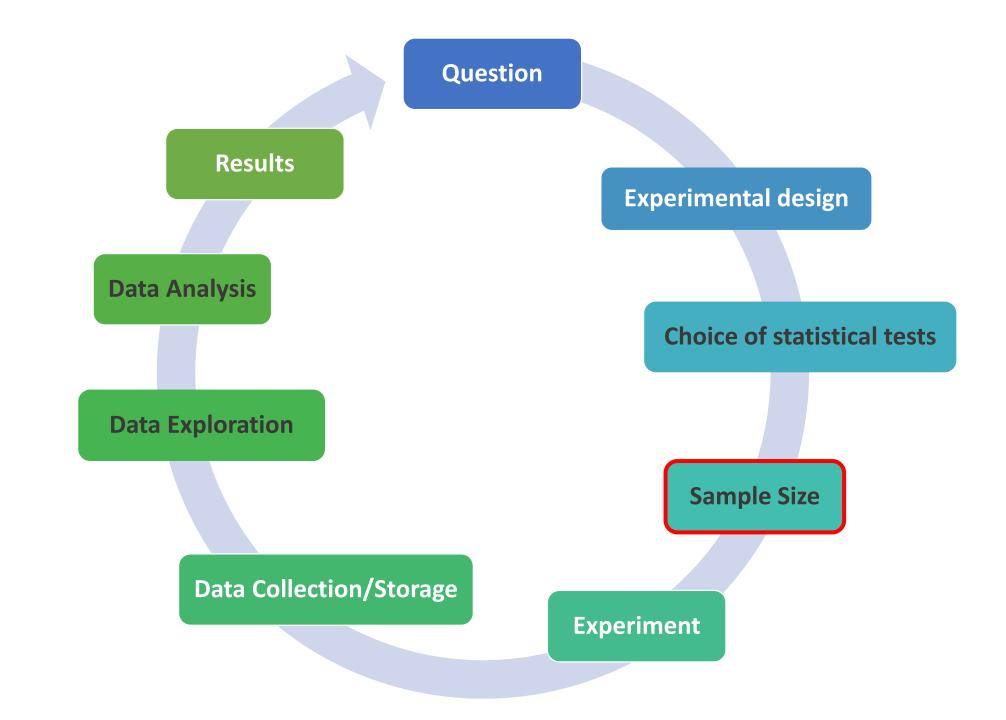


# **Power Analysis**

Anne Segonds-Pichon v2020-12



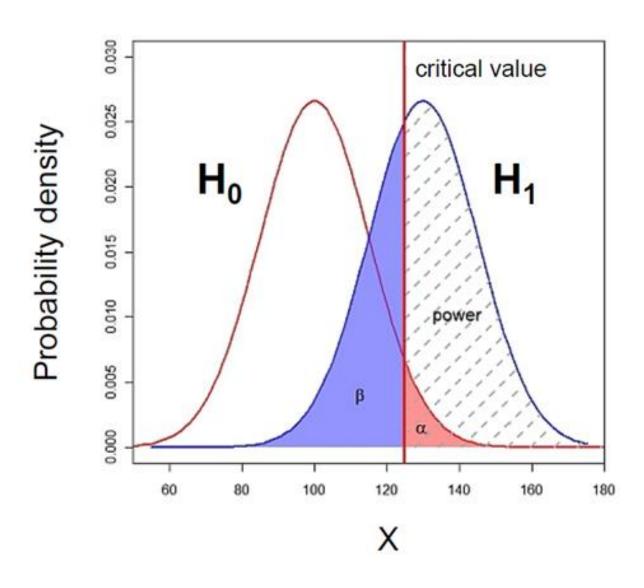


#### **Sample Size: Power Analysis**

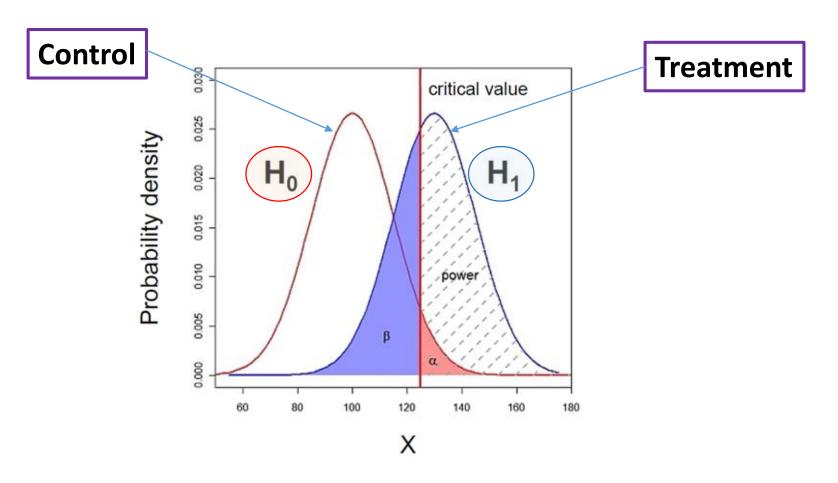
- **Definition of power**: probability that a statistical test will reject a false null hypothesis  $(H_0)$ .
  - Translation: the probability of detecting an effect, given that the effect is really there.
- In a nutshell: the bigger the experiment (big sample size), the bigger the power (more likely to pick up a difference).
- Main output of a power analysis:
  - Estimation of an appropriate sample size
    - Too big: waste of resources,
    - Too small: may miss the effect (p>0.05)+ waste of resources,
    - Grants: justification of sample size,
    - Publications: reviewers ask for power calculation evidence,
    - Home office: the 3 Rs: Replacement, Reduction and Refinement.



## What does Power look like?

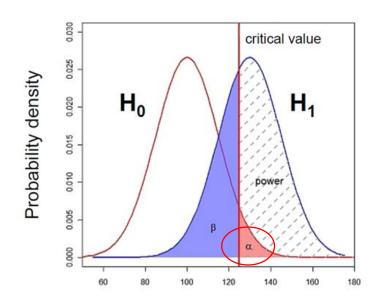


## What does Power look like? Null and alternative hypotheses



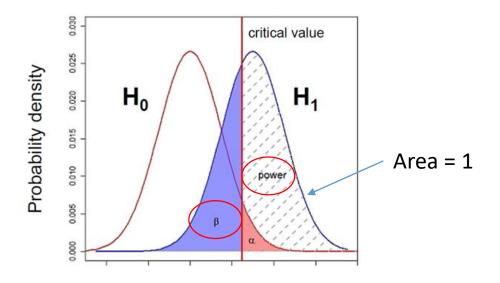
- Probability that the observed result occurs if  $H_0$  is true
  - $H_0$ : **Null hypothesis** = absence of effect
  - H<sub>1</sub>: Alternative hypothesis = presence of an effect

## What does Power look like? Type I error $(\alpha)$



- Type I error is the failure to reject a true H<sub>0</sub>
  - α: probability of claiming an effect which is not there.
- **p-value**: probability that the observed statistic occurred by chance alone
  - probability that a difference as big as the one observed could be found even if there is no effect.
- Statistical significance: comparison between  $\alpha$  and the p-value
  - p-value < 0.05: there is a difference  $\odot$  (reject H<sub>0</sub>)
  - p-value > 0.05: there is no difference  $\odot$  (fail to reject H<sub>0</sub>)

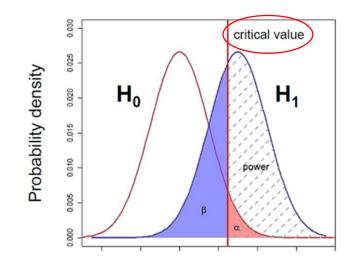
## What does Power look like? Type II error (β) and Power

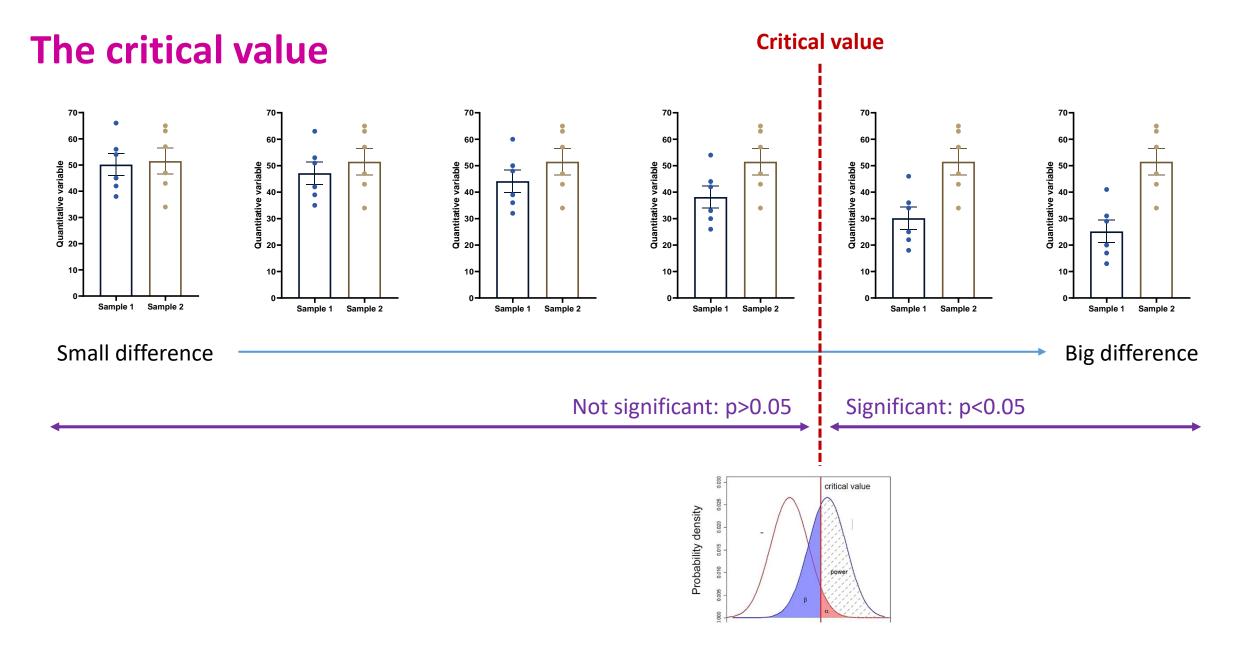


- Type II error (β) is the failure to reject a <u>false</u> H<sub>0</sub>
  - $\beta$ : Probability of missing an effect which is really there.
  - **Power**: probability of detecting an effect which is really there.
  - Direct relationship between Power and type II error:
    - Power =  $1 \beta$

### What does Power look like? Power = 80%

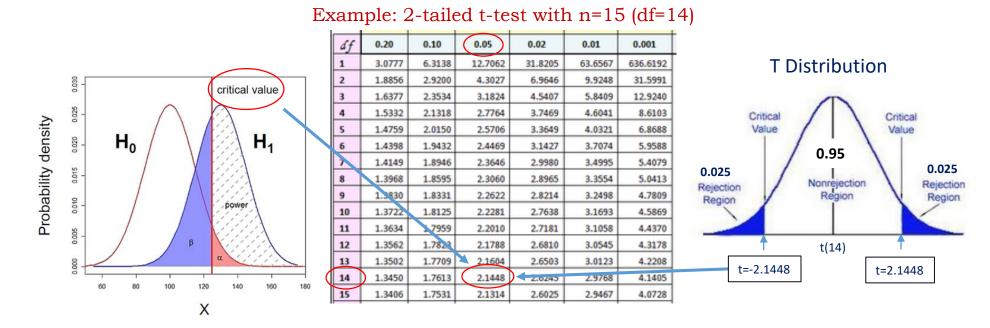
- General convention: 80% but could be more
  - if **Power** = 0.8 then  $\beta$  = 1- **Power** = 0.2 (20%)
- Hence a true difference will be missed 20% of the time
- Jacob Cohen (1962):
  - For most researchers: Type I errors are four times more serious than Type II errors so:
     0.05 \* 4 = 0.2
    - Compromise: 2 groups comparisons:
      - 90% = +30% sample size
      - 95% = +60% sample size





**Critical value = size of difference + sample size + significance** 

## What does Power look like? Example with the t-test



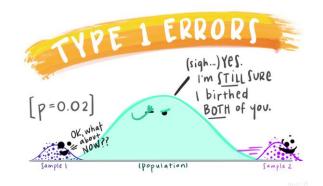
- In hypothesis testing:
  - test statistic is compared to the critical value to determine significance
  - Example of test statistic: t-value
- If test statistic > critical value: statistical significance and rejection of the null hypothesis
  - Example: t-value > critical t-value

## To recapitulate:

- The null hypothesis  $(H_0)$ :  $H_0$  = no effect
- The aim of a statistical test is to reject or not H<sub>0</sub>.

Statistical decision	True state of H <sub>0</sub>		
	H <sub>0</sub> True (no effect)	H <sub>0</sub> False (effect)	
Reject H <sub>0</sub>	Type I error α	Correct	
	False Positive	True Positive	
Do not reject H <sub>0</sub>	Correct	Type II error β	
	True Negative	False Negative	

- High specificity = low False Positives = low Type I error
- High sensitivity = low False Negatives = low Type II error





#### **Sample Size: Power Analysis**

#### The power analysis depends on the relationship between 6 variables:

- the difference of biological interest
  the variability in the data (standard deviation)
- the significance level (5%)
- the desired power of the experiment (80%)
- the sample size
- the alternative hypothesis (ie one or two-sided test)

# The difference of biological interest

- This is to be determined scientifically, not statistically.
  - minimum meaningful effect of biological relevance
  - the larger the effect size, the smaller the experiment will need to be to detect it.
- How to determine it?
  - Previous research, pilot study ...

# The Standard Deviation (SD)

- Variability of the data
- How to determine it?
  - Data from previous research on WT or baseline ...

## The effect size: what is it?

- The **effect size**: Absolute difference + variability
- How to determine it?
  - Substantive knowledge
  - Previous research
  - Conventions
- Jacob Cohen
  - Defined small, medium and large effects for different tests

	Relevant	Effect Size Threshold		
Test	effect size	Small	Medium	Large
t-test for means	d	0.2	0.5	0.8
F-test for ANOVA	f	0.1	0.25	0.4
t-test for correlation	r	0.1	0.3	0.5
Chi-square	w	0.1	0.3	0.5
2 proportions	h	0.2	0.5	0.8

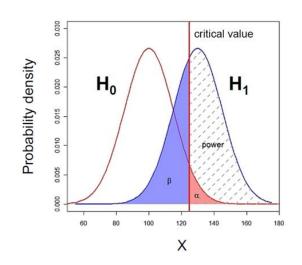
# The effect size: how is it calculated? The absolute difference

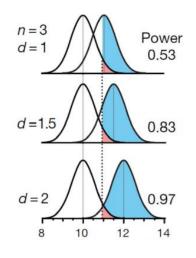
- It depends on the type of difference and the data
  - Easy example: comparison between 2 means

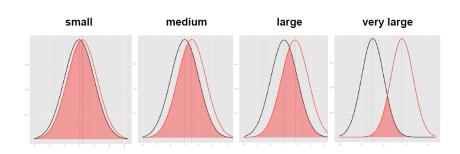
Effect Size = [Mean of experimental group] - [Mean of control group]

Standard Deviation

The bigger the effect (the absolute difference), the bigger the power
 the bigger the probability of picking up the difference





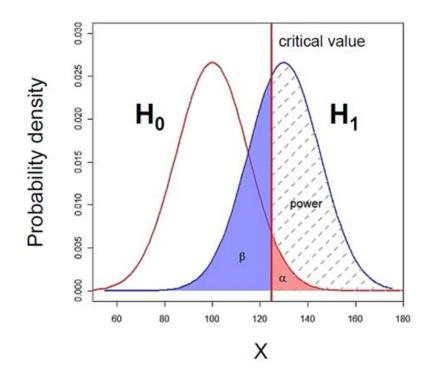


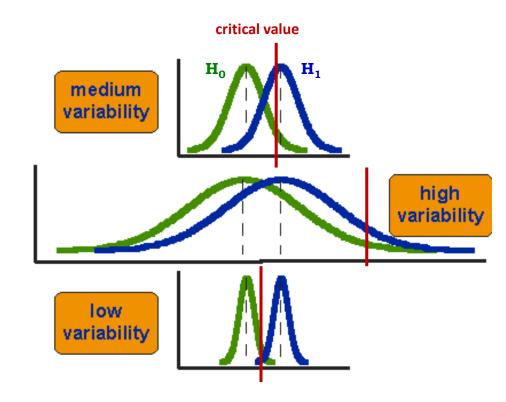
http://rpsychologist.com/d3/cohend/

# The effect size: how is it calculated? The standard deviation

• The bigger the variability of the data, the smaller the power







## **Power Analysis**

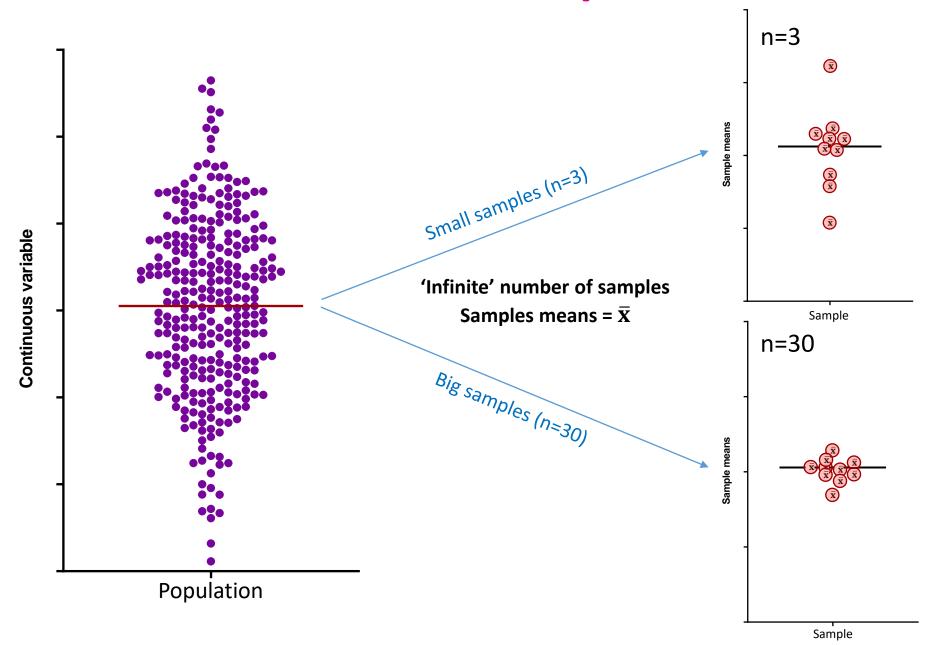
The power analysis depends on the relationship between 6 variables:

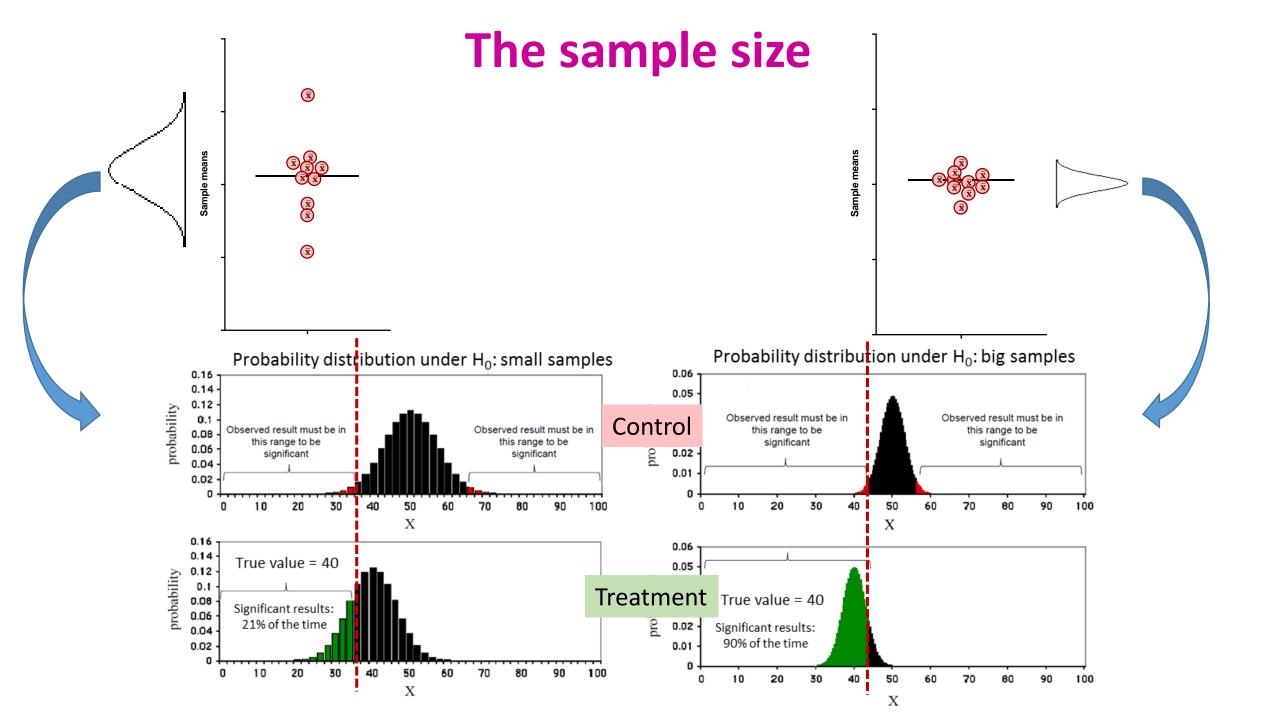
- the difference of biological interest
- the standard deviation
- the significance level (5%) (p< 0.05)  $\alpha$
- the desired power of the experiment (80%) β
- the sample size
- the alternative hypothesis (ie one or two-sided test)

# The sample size

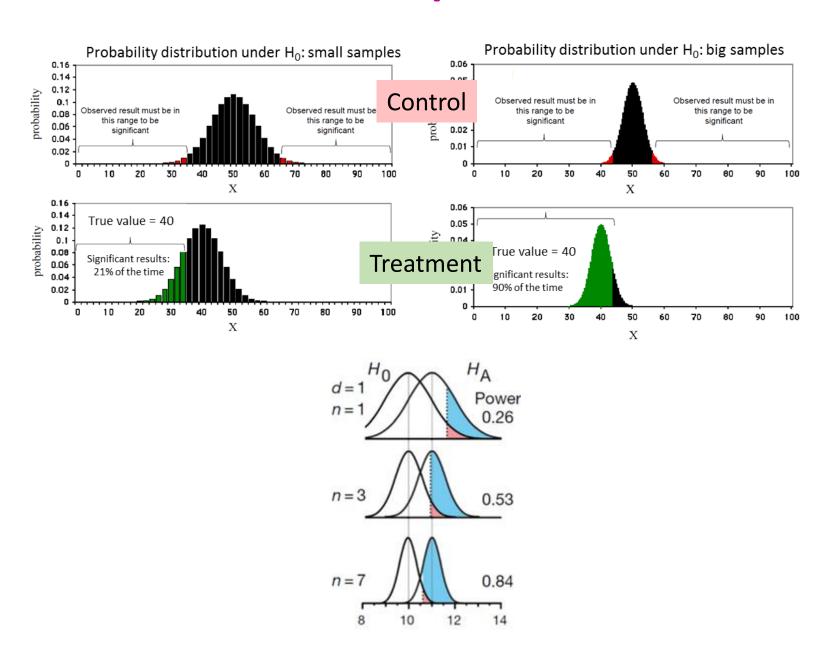
- Most of the time, the output of a power calculation.
- The bigger the sample, the bigger the power
  - but how does it work actually?
- In reality it is difficult to reduce the variability in data, or the contrast between means,
  - most effective way of improving power:
    - increase the sample size.

# The sample size





# The sample size

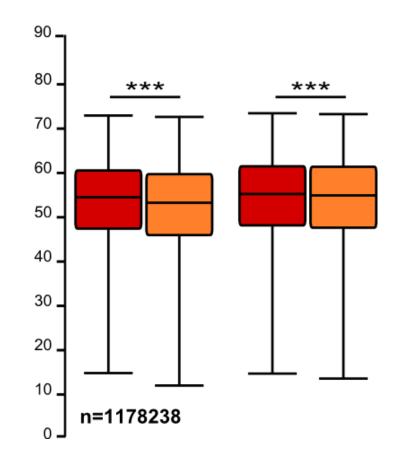


# The sample size: the bigger the better?

It takes huge samples to detect tiny differences but tiny samples to detect huge differences.

- What if the tiny difference is meaningless?
  - Beware of overpower
  - Nothing wrong with the stats: it is all about interpretation of the results of the test.

- Remember the important first step of power analysis
  - What is the effect size of biological interest?



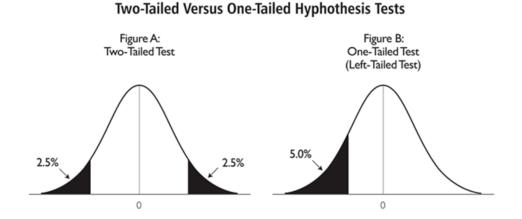
## **Power Analysis**

The power analysis depends on the relationship between 6 variables:

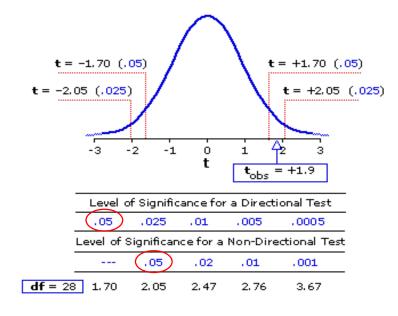
- the effect size of biological interest
- the standard deviation
- the significance level (5%)
- the desired power of the experiment (80%)
- the sample size
- the alternative hypothesis (ie one or two-sided test)

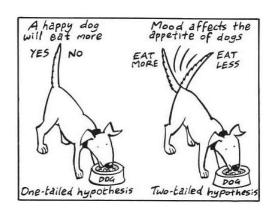
# The alternative hypothesis: what is it?

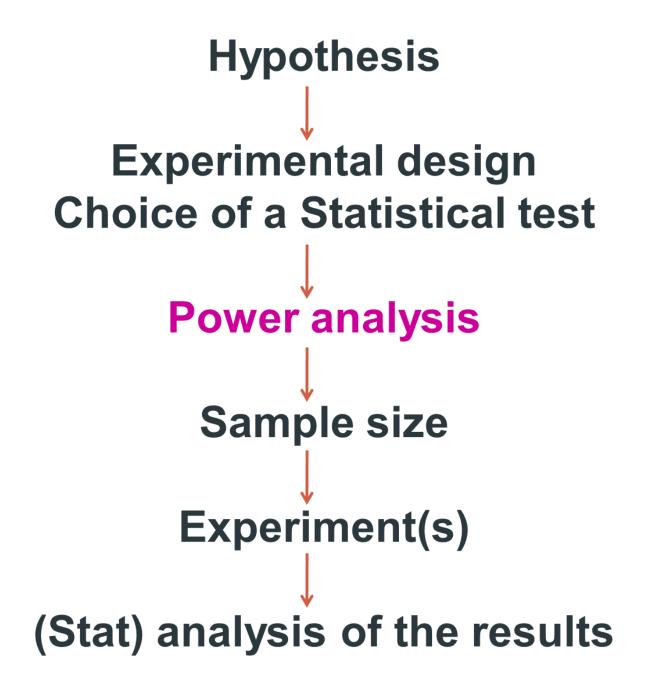
One-tailed or 2-tailed test? One-sided or 2-sided tests?



- Is the question:
  - Is the there a difference?
  - Is it bigger than or smaller than?
- Can rarely justify the use of a one-tailed test
- Two times easier to reach significance with a one-tailed than a two-tailed
  - Suspicious reviewer!







# **Power analysis**

Fix any five of the variables, a mathematical relationship is used to estimate the sixth

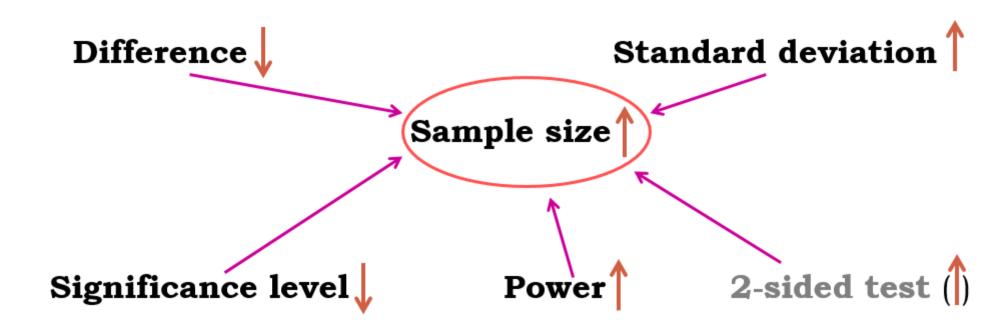
Difference of biological interest

- + Variability in the data (standard deviation)
- + Desired power of the experiment (80%)
- + Significance level (5%)
- + Alternative hypothesis (ie one or two-sided test)

Appropriate sample size

• Fix any five of the variables and a mathematical relationship can be used to estimate the sixth.

e.g. What sample size do I need to have a 80% probability (**power**) to detect this particular effect (**difference** and **standard deviation**) at a 5% **significance level** using a **2-sided test**?



#### Good news:

there are packages that can do the power analysis for you ... providing you have some prior knowledge of the key parameters!

#### difference + standard deviation = effect size

- Free packages:
  - R
  - G\*Power and InVivoStat
  - Russ Lenth's power and sample-size page:
    - http://www.divms.uiowa.edu/~rlenth/Power/

- Cheap package: StatMate (~ \$95)
- Not so cheap package: MedCalc (~ \$495)

# Power Analysis Let's do it

- Examples of power calculations:
  - Comparing 2 proportions: <u>Exercise 1</u>
  - Comparing 2 means: **Exercise 2**

### **Exercises 1 and 2**

- Use the functions below to answer the exercises
  - Clue: exactly one of the parameters must be passed as NULL, and that parameter is determined from the others.
- Use R Help to find out how to use the functions
  - e.g. ?power.prop.test in the console

#### **Exercise 1**

```
power.prop.test(n=NULL, p1=NULL, p2=NULL,
sig.level=NULL, power=NULL, alternative=c("two.sided", "one.sided"))
```

#### **Exercise 2**

```
power.t.test(n=NULL, delta=NULL, sd=1, sig.level=NULL, power=NULL,
type=c("two.sample", "one.sample", "paired"),
alternative=c("two.sided", "one.sided"))
```



#### **Exercise 1:**

- Scientists have come up with a solution that will reduce the number of lions being shot by farmers in Africa: painting eyes on cows' bottoms.
- Early trials suggest that lions are less likely to attack livestock when they think they're being watched
  - Fewer livestock attacks could help farmers and lions co-exist more peacefully.
- Pilot study over 6 weeks:
  - 3 out of 39 unpainted cows were killed by lions, none of the 23 painted cows from the same herd were killed.

#### Questions:

- Do you think the observed effect is meaningful to the extent that such a 'treatment' should be applied?
   Consider ethics, economics, conservation ...
- Run a power calculation to find out how many cows should be included in the study.
  - Clue 1: power.prop.test()
  - Clue 2: exactly one of the parameters must be passed as NULL, and that parameter is determined from the others.



#### **Exercise 1:** Answer

- Scientists have come up with a solution that will reduce the number of lions being shot by farmers in Africa:
  - Painting eyes on the butts of cows
- Early trials suggest that lions are less likely to attack livestock when they think they're being watched
  - Less livestock attacks could help farmers and lions co-exist more peacefully.

NOTE: n is number in \*each\* group

- Pilot study over 6 weeks:
  - 3 out of 39 unpainted cows were killed by lions, none of the 23 painted cows from the same herd were killed.



#### **Exercise 2:**

• Pilot study: 10 arachnophobes were asked to perform 2 tasks:

<u>Task 1</u>: Group1 (n=5): to play with a big hairy tarantula spider with big fangs and an evil look in its eight eyes.

<u>Task 2</u>: Group 2 (n=5): to look at pictures of the same hairy tarantula.

- Anxiety scores were measured for each group (0 to 100).
- Use R to calculate the values for a power calculation
  - Data: spider.data.csv
  - Hint: you can use group by () and summarise ()
  - Or you can do it in Excel!
- Run a power calculation (assume balanced design and parametric test)
  - Clue 1: power.t.test()
  - Clue 2: choose the sd that makes more sense.

Picture	Real Spider	
25	45	
35	40	
45	55	
40	55	
50	65	

#### **Exercise 2:** Answer

```
spider.data %>%
  group_by(Group) %>%
  summarise(mean=mean(Scores), sd=sd(Scores))
```

Group <chr></chr>	<b>mean</b> <dbl></dbl>	sd <dbl></dbl>
Picture	39	9.617692
Real	52	9.746794
2 rows		



NOTE: n is number in \*each\* group

• To reach significance with a t-test, providing the preliminary results are to be trusted, and be confident in a difference between the 2 groups, we need about **10 arachnophobes** in each group.

# **Unequal sample sizes**

- Scientists often deal with unequal sample sizes
  - No simple trade-off:
    - if one needs 2 groups of 30, going for 20 and 40 will be associated with decreased power.
  - Unbalanced design = bigger total sample
  - Solution:

<u>Step 1</u>: power calculation for equal sample size

Step 2: adjustment

$$N = \frac{2n(1+k)^2}{4k}$$

$$n_1 = \frac{N}{(1+k)}$$

$$n_2 = \frac{kN}{(1+k)}$$

• <u>Cow example</u>: balanced design: **n = 97** 

but this time: unpainted group: 2 times bigger than painted one (k=2):

• Using the formula, we get a total:

$$N=2*97*(1+2)^2/4*2=219$$

Painted butts  $(n_1)=73$  Unpainted butts  $(n_2)=146$ 

- Balanced design: n = 2\*97 = 194
- Unbalanced design: n= 70+140 = 219

# Non-parametric tests

- Non-parametric tests: do not assume data come from a Gaussian distribution.
  - Non-parametric tests are based on ranking values from low to high
  - Non-parametric tests almost always less powerful
- Proper power calculation for non-parametric tests:
  - Need to specify which kind of distribution we are dealing with
    - Not always easy
- Non-parametric tests never require more than 15% additional subjects providing that the
  distribution is not too unusual.
- Very crude rule of thumb for non-parametric tests:
  - Compute the sample size required for a parametric test and add 15%.

## **Sample Size: Power Analysis**

- What happens if we ignore the power of a test?
  - Misinterpretation of the results
- p-values: never ever interpreted without context:
  - **Significant p-value (<0.05)**: exciting! Wait: what is the difference?
    - >= smallest meaningful difference: exciting
    - < smallest meaningful difference: not exciting</li>
      - very big sample, too much power
  - Not significant p-value (>0.05): no effect! Wait: how big was the sample?
    - Big enough = enough power: no effect means no effect
    - Not big enough = not enough power
      - Possible meaningful difference but we miss it